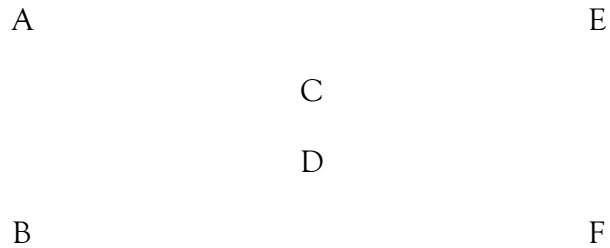


Barley Break

Barley Break is played by three mixed sex couples.

AB and EF are at the ends of the field.

And CD are in the middle which is called "Hell"



All 3 couples hold each other by the hands.

To initiate play couple AB shouts Barley

Couple EF Shouts Break - with A and E running towards each other, and B and F doing likewise.

C and D then try to catch one of them.

If C and D can catch anyone before they meet their new partner, those two go into the middle the next time. If both new pairs meet one another before anyone is caught, C and D remain in "Hell"

Both C and D must catch their target or it doesn't count. The new pairs go to the end of the field for the next round.

Another variation is to have just one person run from the end of the field towards the opposite side. This variation can be played with more than six people with the one who ran going to the end of the field.